



**Pt. Deendayal Upadhyaya Shodh Pith,  
Department of Social Work  
and  
Counselling and Guidance Cell  
University of Lucknow**

Cordially invite you to the  
**Interface Programme on  
SUBSTANCE ABUSE AND MENTAL HYGIENE**  
MONDAY, JULY 5TH, 2021, AT 10:00 A.M.

**EXPERTS**



**Dr. Pradeep Kumar Khattri**  
Director, SAMBAL Drug De-Addiction  
and Psychiatric Hospital  
Former Head, Department of Psychology  
National P.G. College,  
Lucknow



**Dr. Srishti Srivastava**  
Psychologist  
Principal,  
Navyug Kanya Mahavidyalaya  
Lucknow



**Dr. Garima Singh**  
Teacher Coordinator,  
Interface Programme  
Department of Social Work  
University of Lucknow



**Prof. Madhurima Pradhan**  
Director  
Counselling and Guidance Cell  
University of Lucknow



**Prof. Anoop Kumar Bhartiya**  
Director and Head  
Department of Social Work  
University of Lucknow



**Divya Arora**  
Student Coordinator  
and Moderator

Venue: ZOOM  
Zoom ID – 885 8003 6386  
Password – 363156



**Sarvagya Asthana**  
Student Coordinator

**Rapporteur – Ms. Unvisha Sagar Pandey, Ms. Gauri Kumar, Mr. Shashank Mishra, and Ms. Anviti, Students' Council, Department of Social Work, University of Lucknow.**

REGISTRATION LINK: <https://forms.gle/6RMUvSqojByEt6rZ7>

**Name of Department :** DEPARTMENT OF SOCIAL WORK

**Topic :** Substance Abuse and Mental Hygiene

**Resource Person-**

Expert Speakers – Dr. Pradeep Kumar Khatri, Director of SAMBAL Drug De-Addiction and Psychiatric Hospital and the Former Head of Department of Psychology, National P.G College, Lucknow

Dr. Srishti Srivastava, Psychologist and Principal at NavyugKanyaMahavidyala, Lucknow

Faculty members- Prof. MadhurimaPradhan, director, counseling and guidance cell, University of Lucknow, Prof. Anoop Kumar Bhartiya, Head, Social work department, University of Lucknow and Dr. Garima Singh, Teacher co-ordinator for the programme.. The session was joined by Prof. Pratibha J Mishra, Chhattisgarh University, Dr. Dinesh Kumar Singh, Awadh University and Ms. Kavita Gautam, Allahabad State University.

**Number of Participants** -Almost 100 participants attended the session including the guest speakers, faculty members and student coordinators from the department.

**Main Points Covered –**

1. Importance of Mental Health
2. Factors determining the mental health of an individual
3. Symptoms of poor mental health
4. Ways to maintain Mental Hygiene
5. Substance Abuse and its forms
6. Digital addiction as a new form of addiction
7. Case Studies of youth involved in substance abuse
8. Treatment process in Drug de-addiction centres

**Feedback of Students :**

1. Very Informative session
2. Insightful
3. It was an enlightening experience
4. Interactive session
5. The session was useful for social work students
6. Wonderful discussion on the theme

Recording

Pradeep Khattri

Divya Arora

Sarvagya Asthana

Unmute Start Video Participants 98 Chat 32 Share Screen Record Reactions Leave

Participants (98)

Find a participant

- Anviti (Me) Unmute More
- MP Madhurima Pradhan (Host)
- AK Anoop Kumar Bhartiya (Co-host)
- SA Sarvagya Asthana (Co-host)
- PK Pradeep Khattri
- AA Aakriti Agarwal
- AK ABHISHEK KUMAR
- AP Abhishek Pandey
- AY Abhishek Yadav
- AS Abir Samanta
- AS Aditya Sinha
- AS Akanksha Singh Tomar (SF)
- AD Akash Deep (SF)
- AP AKHILESH PRATAP

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Madhurima P...

srishti srivastava

Anoop Kuma...

Divya Arora

Pradeep Khattri

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- SS srishti srivastava
- PK Pradeep Khattri
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- AP Abhishek Pandey
- AY Abhishek Yadav
- AS Abir Samanta
- AS Aditya Sinha
- AD Akash Deep (SF)
- AP AKHILESH PRATAP

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Sarvagya Asthana



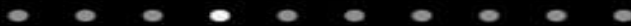
Pradeep Khattri



Divya Arora



Sonu Kumar Journalist



12:01

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Zoom

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Dr. Garima Singh



Madhurima Pradhan



Anoop Kumar Bhartiya



srishti srivastava

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Participants 73

More 1




















10:55

15.0 KB/S Vo LTE 4G+ 36

Close

## Participants (99)

- SR** Subhashini Rawat   >
- S** Sunita Singh   >
- TS** TANZILA SIDDIQUI   >
- UP** UMESH PANDEY   >
- UP** UNVISHA PANDEY   >
- VS** Vasundhara singh   >
- V** Veeru   >
- VB** Vikram Bhadoriya   >
- VS** Vishal Sharma   >
- VM** Vivek Maurya   >
- SS** Snigdha Sharma  >
- SK** Sonu Kumar Journalist  >

Invite



10:42 Close **Participants (94)**

- AD Ashank Dubey
- AP Ashwani Pal
- AK Atul Kumar Prajapati
- AT Ayush Tripathi
- CB Chanchal bharti
- CF Chowdhery Famia
- DK Damanpreet Kaur
- DC deepesh chaturvedi
- DS Devanand Shukla
- DA Divya Arora
- DT Divyansha Tiwari
- DD Dr Dinesh kumar Singh
- DG Dr. Garima Singh
- DK Dr. Kavita Gautam
- DS Dr.Chandrashekhar Singh
- FR FAIZ RJA
- FL Fatima Lodi
- FS Fatima Sheerin
- FC Fhulari Chakma
- GK Gauri Kumar
- HN Hareem Nomani
- JC Jyoti Chaudhary (SF)
- KM Kamna Mishra
- K Kritika
- LY Lalji Yadav
- LK Lubna Khan(sf)
- MD Mahuya Deb
- MT Mamta Tatrari
- NC Nidhi Choudhary
- NM Nikhil Mishra
- NS Nimisha srivastava
- OM Om Mishra REG
- PM Pakshalika Mansingh
- PG Pankhuri Gupta
- PS Pawan SINGH
- PK Pradeep Khattri
- PR Prashant Rai
- PA Prateek Agrahari
- PM Pratibha Mishra
- PC Priya Chand
- RP Rahul Pal
- RK Ravleen kaur
- RM Ritu Mishra
- RV Ruby Verma
- SP Sahil Prajapati
- SS Sakshi Singh
- SA Saman Abidi
- ST Sarita Thakur
- SP Shagun Pandey
- SP Shaifali pawar
- SL Shailly Lal

10:55 Close **Participants (99)**

- DD Dr Dinesh kumar Singh
- DG Dr. Garima Singh
- DC Dr. Geetanjali Srivastava
- DK Dr. Kavita Gautam
- DQ Dr. Queen Deka
- DR Dr. Rajnesh Kr. Yadav
- DS Dr.Chandrashekhar Singh
- FR FAIZ RJA
- FL Fatima Lodi
- FS Fatima Sheerin
- FC Fhulari Chakma
- GK Gauri Kumar
- JC Jyoti Chaudhary (SF)
- KM Kamna Mishra
- K Kritika
- LY Lalji Yadav
- LK Lubna Khan(sf)
- MD Mahuya Deb
- MT Mamta Tatrari
- NC Nidhi Choudhary
- NM Nikhil Mishra
- NS Nimisha srivastava
- OM Om Mishra REG
- PM Pakshalika Mansingh
- PG Pankhuri Gupta
- PS Pawan SINGH
- PR Prashant Rai
- PA Prateek Agrahari
- PM Pratibha Mishra
- PC Priya Chand
- R. Ragavendiran .N
- RP Rahul Pal
- RK Ravleen kaur
- RM Ritu Mishra
- RV Ruby Verma
- SP Sahil Prajapati
- SS Sakshi Singh
- SA Saman Abidi
- ST Sarita Thakur
- SP Shagun Pandey
- SP Shaifali pawar
- SL Shailly Lal
- BS SHALU SINGH (RG)
- SM Shashank Mishra
- ST Shubham Tiwari
- SS Shubhangi Singh
- S singhvinnu323@gmail.com
- SS Snigdha Singh

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- BS Bhavya Srivastava (me)
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- SA Sarvagya Asthana (Co-host)
- PR Pradeep Khattri
- AA Aakriti Agarwal
- AK ABHISHEK KUMAR
- AP Abhishek Pandey
- AY Abhishek Yadav
- AS Abir Samanta
- AS Aditya Sinha
- AD Akash Deep (SF)
- AP AKHILESH PRATAP
- AK Akrti Khare
- AK Amit Kumar
- AK Amreen Khan
- AM ANJALI MISHRA
- AS Anjali shahi
- AY ankit yadav
- A3 Anoop 31
- AT Anuradha Tiwari
- A Anviti
- AG Aprark gaur(SF)
- AK Areeba khan
- AL Arjun L
- AK Arun Kumar
- AD Ashank Dubey
- AK Ashish Kumar Pandey
- AP Ashwani Pal
- AK Atul Kumar Prajapati
- AT Ayush Tripathi
- CB Chanchal bharti
- CF Chowdhery Famia
- DC deepesh chaturvedi
- DS Devanand Shukla
- DA Divya Arora
- DT Divyansha Tiwari

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Close **Participants (94)**

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- SS Shalu Singh RG >
- SM Shashank Mishra >
- ST Shubham Tiwari >
- SS Shubhangi Singh >
- S singhvinnu323@gmail.com >
- SS Snigdha Sharma >
- SS Snigdha Singh 2 >
- SK Sriya Kashyap >
- SR Subhashini Rawat >
- S Sunita Singh >
- TS TANZILA SIDDIQUI >
- UP UMESH PANDEY >
- UP UNVISHA PANDEY >
- VS Vasundhara singh >
- V Veeru >
- VB Vikram Bhadoriya >
- VS Vishal Sharma >
- VM Vivek Maurya >
- SK Sonu Kumar Journalist >

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Close **Participants (94)**




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- MP Madhurima Pradhan (Host) >
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- SA Sarvagya Asthana (Co-host) >
- SS srishti srivastava >
- AA Aakriti Agarwal >
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- AS Abir Samanta 1 >
- AS Aditya Sinha >
- AP AKHILESH PRATAP >
- AT Akhilesh Tripathi 1 >
- AK Akrti Khare >
- AK Amit Kumar >
- AK Amreen Khan >
- AM ANJALI MISHRA >
- AS Anjali shahi >
- AY ankit yadav >
- AT Anuradha Tiwari >
- A Anviti >
- AG Aprark gaur(SF) >
- AL Arjun L >
- AK Arun Kumar >



Zoom Meeting

Recording

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|   |  |  |                         |
|---|--|--|-------------------------|
| <br>Diya Arora | <b>Pakshalika Man...</b><br>srishti srivastava   | <br>Madhurima Pra... | <b>Dr. Garima Singh</b> |
| <b>Pawan SINGH</b>  | <br>Pradeep Khattri | <b>Pratibha Mishra</b>   | <b>Dr. Queen Deka</b>   |
| <b>Anoop Kumar B...</b>   | <b>Dr. Geetanjali S...</b>   | <b>Sarvagya Asthana</b>  | <b>Sarita Thakur</b>    |
| <b>Aditya Sinha</b>   | <b>Vasundhara singh</b>  | <b>Ruby Verma</b>  | <b>Ashank Dubey</b>     |
| <b>Gauri Kumar</b>  | <b>Sahil Prajapati</b>   | <b>Aakriti Agarwal</b>   | <b>FAIZ RJA</b>         |
| <b>ABHISHEK KU...</b>   | <b>Atul Kumar Praj...</b>  | <b>Amit Kumar</b>  | <b>Abhishek Yadav</b>   |

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|--------------------------|----------------------|-------------------------|------------------------|------------------------|
| <b>Ayush Tripathi</b>    | <b>Sriya Kashyap</b> | <b>UNVISHA PAN...</b>   | <b>ankit yadav</b>     | <b>Arjun L</b>         |
| <b>Akrti Khare</b>       | <b>Vishal Sharma</b> | <b>Vivek Maurya</b>     | <b>Chanchal bharti</b> | <b>Anuradha Tiwari</b> |
| <b>TANZILA SIDDI...</b>  | <b>Sunita Singh</b>  | <b>Shashank Mishra</b>  | <b>Lubna Khan(sf)</b>  | <b>Nidhi Choudhary</b> |
| <b>Jyoti Chaudhar...</b> | <b>Mahuya Deb</b>    | <b>Fatima Lodi</b>      | <b>Arun Kumar</b>      | <b>Snigdha Sharma</b>  |
| <b>Divyansha Tiwari</b>  | <b>Anjali shahi</b>  | <b>Subhashini Rawat</b> | <b>UMESH PANDEY</b>    | <b>ANJALI MISHRA</b>   |

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|-----------------|----------------|-----------------|-----------------|--------------------|
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| Devanand Shukla | Shaifali pawar | Mamta Tatrari   | Abir Samanta    | Bhavya Srivasta... |
| Snigdha Singh   | Rahul Pal      | Shailly Lal     | Aprark gaur(SF) | Anviti             |
| Ravleen kaur    | Hareem Nomani  | Kritika         | Fatima Sheerin  | Om Mishra REG      |
| Ritu Mishra     | Lalji Yadav    | Shubhangi Singh | Shubham Tiwari  | Dr Dinesh kuma...  |

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|-------------------|--------------------|-------------------|--------------------|-------------------|
| Prashant Rai      | Nimisha srivast... | singhvinnu323...  | Dr.Chandrashek...  | Sonu Kumar Jo...  |
| Vikram Bhadoriya  | Amreen Khan        | deepesh chatur... | Dr. Kavita Gaut... | Fhulari Chakma    |
| Chowdhery Famia   | AKHILESH PRAT...   | Abhishek Pandey   | Priya Chand        | Saman Abidi       |
| Akash Deep (SF)   | Ragavendiran .N    | Kamna Mishra      | Shagun Pandey      | Dr. Rajnesh Kr... |
| SHALU SINGH (...) | Ashish Kumar P...  | Areeba khan       | Anoop 31           | Sakshi Singh      |

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